

MOTOR VEHICLE COLLISION

GENERAL MEASURES

Following an automobile collision, it is very common to have more aches and pains develop over the next few days, particularly in the neck and shoulders. Stiffness and soreness is normal and can usually be treated with over the counter pain relievers.

- Use splints and crutches, as instructed.
- Follow up with orthopaedic or specialty physician as directed.
- Elevate the injured extremity as much as possible.
- Apply ice to swollen areas for 12-24 hrs. then low heat.
- Keep wounds clean and protected as instructed.
- Follow head trauma instructions as indicated.

MEDICATIONS

Your doctor may recommend the following over-the-counter medications. These medications may offer significant symptom relief:

- For minor pain and soreness use a non-steroidal anti-inflammatory drug (NSAID) such as ibuprofen or naproxen.
- For moderate to severe pain your doctor may prescribe a stronger pain medication or muscle relaxant.

RETURN TO ROSWELL URGENT CARE CENTER OR GO TO THE NEAREST EMERGENCY DEPARTMENT IF ANY OF THE FOLLOWING OCCUR:

- Signs or symptoms of wound infection.
- Confusion or increased weakness in one area.
- Shortness of breath, coughing up blood or chest pain.
- Trouble controlling your bowels or bladder.
- General Weakness or fainting.
- Increased pain or pain in new area.
- Increased abdominal pain or distention.
- Numbness or tingling in the arms, hands or feet.
- Blood in the urine or stools.

IF YOU HAVE ANY QUESTIONS OR CONCERNS FEEL FREE TO CALL US AT 770-992-4700.

PLEASE DIAL 911 FOR EMERGENCIES.